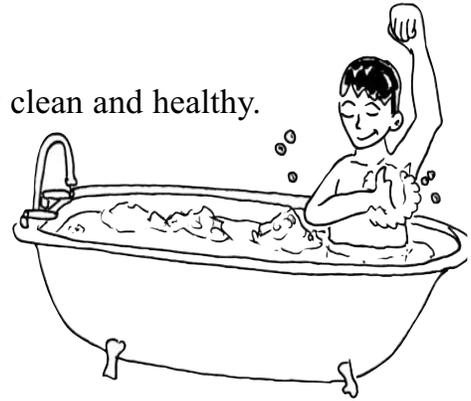


Good Hygiene

Review Key Words¹

hygiene Hygiene is the things people do to stay clean and healthy.
clean Clean means not dirty.
products Products are things that are made by nature or by people and are often sold in stores.



Write a Prediction

Read the Story²⁻⁴

6	When people have good hygiene , it	101	countries. If you watch American TV or
11	means they keep themselves clean .	108	read American magazines, you
17	Good hygiene is important for many	112	probably see advertisements for
24	reasons . The main reason is that being	116	products to clean homes, clean clothes,
30	clean helps people stay healthy . For	122	keep hair healthy, beautify skin, and
36	example , washing your hands a lot	128	freshen breath. These ads are evidence
44	makes it less likely for you to spread	134	of how important cleanliness is to many
52	germs to others or to get sick from	141	Americans. Many Americans think they
54	others' germs.	146	look their best when they're clean.
60	Having good hygiene can also help	152	Being clean helps people make good
66	people feel good. People often feel	158	first impressions in America.
72	good about themselves when they are	162	Americans usually appreciate when
80	clean and take good care of their bodies.	166	others stay clean and take care of
85	Good hygiene is important in	173	themselves. Being around someone
89	America. Americans have feelings	177	with poor hygiene can make some
95	about hygiene that may be different	183	Americans uncomfortable .
	from feelings about hygiene in other	185	

words read _____ words read _____
- errors _____ = _____ - errors _____ = _____
cold score hot score expression

Answer the Questions

Identifying the main idea⁵

1. What is the main idea of this story?
 - a. There are many products that help people stay clean.
 - b. Americans may feel differently about hygiene than people in other countries.
 - c. Having good hygiene is important for many reasons.

Recalling a fact⁶

2. What makes some Americans uncomfortable?
 - a. being near someone with poor hygiene
 - b. watching advertisements about hygiene
 - c. washing their hands a lot

Getting meaning from context⁷

3. What does **poor** mean in this story?
 - a. not having much money
 - b. to make liquid flow
 - c. not good

Making connections within the text⁸

4. Why are there many advertisements in America for things like clean homes, clothes, and hair?
 - a. There aren't any other things to make ads about.
 - b. Keeping clean is important to Americans.
 - c. Americans like advertisements on TV and in magazines.

Processing information⁹

5. How can good hygiene make it less likely for a person to get sick?

Developing vocabulary¹⁰

6. Write bold-faced words from the story that mean the same as the bold-faced word or words in each sentence below.
 - a. One of the **most important** reasons for keeping clean is to keep germs from spreading.

 - b. If you don't wash your hands, you may **cause others to get** germs.

 - c. The company put their **messages** about their shampoo on TV.

Applying information¹¹

7. Fill in the blanks with bold-faced words from the story.
Lisa likes to keep herself _____ because it keeps her healthy. That's her main reason for having good _____. She knows that washing her hands often will keep her from spreading _____. She also knows people _____ when those around them are clean and looking their best. So Lisa uses _____ that clean her teeth and freshen her breath.

Number Correct: _____

Good Hygiene

Learn New Words

advertisements¹²

Advertisements are messages that companies use to try to sell their products or services to people. *Television commercials and travel brochures are two types of advertisements.*



for example¹⁸

For example are words a person sometimes says just before showing or telling you what something is like. *People sometimes get sick when they eat too much sweet food; for example, too much cake and ice cream can cause a stomachache.*

appreciate¹³

Appreciate means to be thankful for something. *I appreciate the help you've given me with my homework.*

beautify¹⁴

Beautify means to make something look nice or pretty. *The girls combed their hair and put on lipstick to beautify themselves.*

clean¹⁵

Clean means not dirty. *The floor was clean after Jimmy washed it with soap and water.*

evidence¹⁶

Evidence is anything that shows or proves something. *The chocolate around his mouth was evidence that he ate the candy bar.*

first impressions¹⁷

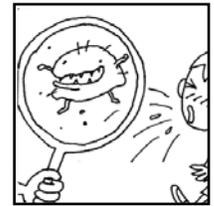
First impressions are the first thoughts you have about people when you meet them for the first time. *Sara's first impressions of Lee and Greg were that they were rich because they wore nice clothes and had new cars.*

freshen¹⁹

Freshen means make clean and new. *After I eat, I freshen my breath by chewing mint gum.*

germs²⁰

Germs are very small living things that can cause sickness. *He got a cold after using a telephone that had lots of germs on it.*



healthy²¹

Healthy means well and free from sickness. *She was sick for a long time, so we are glad that now she is healthy.*

hygiene²²

Hygiene is the things people do to stay clean and healthy. *Washing your hands often to get rid of germs is part of good hygiene.*

look their best²³

Look their best means people dress and appear as nicely as they can. *Some people think men look their best when they wear nice suits and ties.*

Learn New Words, Continued

main²⁴

Main means most important. *The main thing you need to remember when you cross the street is to look both ways.*

poor²⁵

Poor means not good. *She did not study for the test, so she got a poor grade on it.*

probably²⁶

Probably means likely to be or likely to happen. *The clouds are very dark, so it will probably rain.*

products²⁷

Products are things that are made by nature or by people and are often sold in stores. *Toothbrushes and toothpaste are products people buy to clean their teeth.*

reasons²⁸

Reasons are the causes of things that happen. *He was happy for two reasons: he got an A on his test and he won his baseball game.*

spread²⁹

Spread means to cause others to see, hear, have, or know. *He spread the news about his new baby by calling everyone he knew.*

uncomfortable³⁰

Uncomfortable means not able to relax; worried. *I felt uncomfortable when I was lost in the big city.*